



# Meet your School Counselor

Beacon Park School (6-7)

# Information

**Mrs. Nieto**

Office located: Learning Center next to the Library

Monday – Tuesday 9:00am to 2:30pm

Wednesday – Thursday 7:30am to 12:30pm

[LarisaNieto@iusd.org](mailto:LarisaNieto@iusd.org)

# What does a School Counselor do?

- ◆ Classroom lessons: Academics/Career/ College topics
- ◆ Scheduling of classes
- ◆ Monitor grades/grade checks/parent conferences

# What else does a School Counselor do?

- ◆ Social/emotional counseling: changing families, situations at home, with friends, personal problems
- ◆ Small group and individual counseling (NOT therapy)
- ◆ Promote positive school culture: school activities, additional person on campus to help
- ◆ Work with community agencies for resources and programs to help students

# Confidentiality

o What you say to your school counselor, stays between you and her. EXCEPT IF:

- Someone has hurt you
- You want to hurt someone else
- Someone wants to hurt you
- Or if you give her permission to tell someone you trust

# Reasons to see your School Counselor

- o You need help with working through a problem that you are experiencing
- o Scheduling
- o You need help academically (after you have reached out to your teacher)
- o You are interested in a particular career, college or profession
- o You need to speak to a trusted adult about something you know about another student who is potentially in danger

# Questions?

- o I look forward to getting to know you and being another person on campus that believes in you and is here to help you and watch you grow!
- o Thank you Bengals!